

DELHI NETWORK

SEPTEMBER 2000

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Delhi Network

Board Members

Executive Committee

| | | |
|----------------|-----------------|------------|
| President | Brenda Beards | 614-0519 |
| Vice President | Jeannine Grant | 614-2672 |
| Secretary | Rachael Hofmann | 9810080368 |
| Treasurer | Anita Reid | 680-5967 |

Committee Chairpersons

| | | |
|--------------------|-----------------------------------|---|
| Charity | Minnie Butalia | 649-5251 |
| Diplomatic Liaison | Leena Hanevold | 688-5508 |
| Handbook | TBA | |
| Membership | Sue Lohage | 622-3344 |
| Newcomers | Jackie van Ommen (acting) | 680-2136 |
| Newsletter | Kathy Pritchard | 686-2245 9811118958 |
| Office Manager | Sandra Buhler | 614-3115 (Office 679-1234 ext. 1505) |
| Programs/Social | Jackie van Ommen Symran Wasser | 680-2136 9810092725 |

Delhi Network is a non-profit organisation whose main purpose is to support the expatriates living and working in New Delhi. Everyone on the Board and the committees volunteer their time.

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Dear Delhi Network Members.

A warm welcome back to you lucky ones who have had a summer holiday! and welcome to all the newcomers to Delhi. We can now look forward to cooler days and the national holidays (Dussehra and Diwali are coming up soon).

Please try and come to Delhi Network's first social event of the coming season . A Mongolian Barbeque at the Hyatt Hotel on Saturday 30th September from 8.00 pm.

Your input to the Newsletter is extremely important. ,Thank you for your support and please keep your contributions flowing,

Kathy Pritchard (Rookie Editor)

EMAIL ADDRESSES FOR ALL MEMBERS

Please email Sue Lohage on her email address - **sue@lohage.com** with your email address. The records need to be updated for this year. Unfortunately some of the email addresses on the membership forms are either incorrect or indecipherable!

Thanks Sue

Delhi Network meetings are held on the third Tuesday of every month at 10 a.m. at the Hyatt Regency Hotel. Entrance to a meeting is Rs 150 for members and Rs 200 for non-members. Annual membership is Rs 300 . You can become a member at any monthly meeting or at the Delhi Network office. Instead of waiting for August to renew/join, you can sign up now which will save time, rather than queuing up at the rush period. If members miss a meeting, they can get a newsletter from the Delhi Network Office at the Hyatt for Rs 50.

Delhi Network Handbooks are available for purchase at all meetings or at the office: cost Rs 300 for members and Rs 400 for non-members.

The Delhi Network office is located in the Hyatt's Shopping Arcade. The Office Manager is Sandra Buhler. Office hours are 10 am to 2 pm, Monday to Friday. Stop in for free advice, a newsletter or a Delhi Network Handbook if you missed the last meeting, or to drop off your newsletter contributions. We are seeking volunteers to work in the office. If you're interested (and it is a good way to meet new people), contact Sandra.

Delhi Network does not necessarily endorse or recommend the businesses advertised in this newsletter and the Board claims the right to refuse any advertisers who have had several complaints made against them by our members.

From Your President



Our meeting on 22nd August was a great success, over one hundred and fifty people were present. There were so many newcomers and old members renewing we were quite unprepared for such large numbers, please accept our apologies for the long wait before you could get in to meet your friends and have a coffee.

We thank those of you who commented on the good mix of vendors we had at the meeting. Jeannine (VS..UP) is always pleased to get feedback from you to enable her to achieve the right mix. (She is in charge of booking these people).

As you know we have on all other Tuesdays in each month a coffee morning here at the Hyatt in Boardroom II. This has been traditionally for Newcomers, but I would like to see a few of you who have been here awhile come along and perhaps give your input into this group. Over the last three or four months the numbers have grown due to so many new people arriving in Delhi and a surprising number of people who I remember joining when I did about a year ago. It is quite interesting to hear about their various interests and what they are doing now.

As this group has grown Boardroom II, very kindly donated each week by the Hyatt for our use seems to have become smaller, so we are hoping to move to another meeting room. We are unable to predict each week which room we will be allocated, the only certain thing is it will be larger so please look out for the notice which will guide to the new venue.

Did you know Delhi Network is now on the Web this is a big- step forward for us, and we have Sue Lohage to thank for this, she with her husband's know how have logged us on, or whatever the term is, that is probably not correct. I am an absolute troglodyte when it comes to computers and their language. What I do have is our website address if you would like to have a look see.

This is: <http://www.delhinetwork.org/default.htm>

As its September now I was hoping to see some falling leaves, but alas I am in the wrong country, but I am assured we will be getting some less humid weather soon. This last sentence regarding the weather is a sure sign I am struggling to fill this page. So please forgive me, my shortcomings are glaringly obvious.

Have a good month.
Brenda Beards

Here's A Deal

=====

A wise schoolteacher sends this note to all parents on the first day of school:

"If you promise not to believe everything your child says happens at school, I'll promise not to believe everything he says happens at home".

Neighbourhood Co-ordinators

Support Groups by Nationality

Your co-ordinator is here to help you settle into your new home. Give her a call and introduce yourself and find out who else lives in your area and when the next meeting is going to be held.

| AREAS | CO-ORDINATOR | PHONE |
|---|---------------------|------------|
| Vasant Vihar/ Vasant Kunj | Nora Twycross | 612-2318 |
| West End/Shanti Niketan/ Anand Niketan/Aradhana Enclave/Safdarjung Enclave | Terri Levan | 467-1819 |
| Chanakypuri Barakamba Road | Vacant | |
| Greater Kailash I & I | Vacant | |
| Neeti Bagh/Gulmohar Park Defence Colony/Udai Park Anand Lok | Vacant | |
| Jorbagh/Golf Links/Sunder Nagar Prithviraj Road/Aurangzeb Rd. | Judit Stowe | 9811210438 |
| Pansheel Park/ Haus Khas/ Green Park/Padmini Enclave/ Shivalik Navjivan Vihar/ Outab Enclave/Mayfair Gardens/ Sarva Priya Vihar | Risham Chawla | 649-7025 |
| New Friends Colony/ Friends Colony East/ Friends Colony West Maharani Bagh | Trudy Brasell-Jones | 632-3422 |
| Sainik Farms | Martine Walsh | 696-0829 |
| Chattarpur/Jonapur/Gadaipur | Monica Modak | 680-9365 |
| Bijwasan/Rajokri/Surpriya Vihar Gurgaon | Alicia Odedra | 506-4777 |

American Women's Association (AWA):

American passport holders or their spouses can join. Call the AWA office at 419-8000 ext. 4131 or 8509 between 9 am and 4.30 pm Mon-Fri. Talk to Bridget or an AWA officer.

Australia and New Zealand Association:

Call Christine Evans on 687-6605 or Ingrid Crookshanks, 680-4586

British Expats Group:

Contact Sylvia Johnson on 460-3851.

Nederlandse Vereniging New Delhi:

Organiseert diverse evenementen en een maandelijks borrel. Als je lid wilt worden, of gewoon informatie wilt, bel Nanette Hulshof op 460-1660 of Gerco de Jong op 688-4951(off)/614-9704 (res).

NORA (Nordic Association)

Contact names:

Eva Dieden (Sweden) 687-5760
Anne Laipil (Finland) 614-4602
Kirsten Callinggaard (Denmark)
689-2401



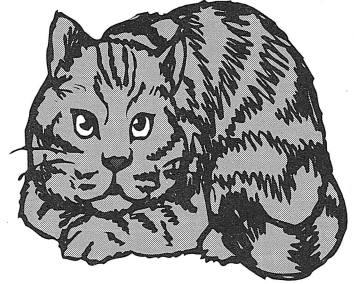
American Women's Association Membership

AWA is open to all American citizens or the spouse of an American citizen. Join by September 30th to ensure that your name, addresses and numbers appear in our annual directory. You can join the AWA by visiting the AWA office at Gate D of the American Embassy Compound on Panchsheel Marg between the hours of 9AM and 4:30PM, Monday through Friday. You will need to bring Rs 500 for the membership fee and your passport (we need the passport itself, not a copy). If you are the spouse of an American citizen, please bring your spouse's American passport if you are eligible, please join us and catch the amazing spirit of the AWA!

THERE ARE STILL 3 VACANCIES FOR NEIGHBOURHOOD LEADERS. IF ANYONE WOULD LIKE TO VOLUNTEER, PLEASE CONTACT JACKIE VAN OMMEN OR BRENDA BEARDS FOR MORE INFORMATION.

UGLY

Everyone in the apartment complex I lived in knew who Ugly was. Ugly was the resident tomcat. Ugly loved three things in this world: fighting, eating garbage and shall we say love. The combination of these things combined with a life spent outside had their effect on ugly. To start with, he had only one eye, and where the other should have been was a gaping hole. He was also missing his ear on the same side, his left foot has appeared to have been badly broken at one time, and had healed at an unnatural angle, making him look like he was always turning a corner. His tail has long since been lost, leaving only the smallest stub, which he would constantly jerk and twitch. Ugly would have been a dark gray tabby striped type, except for the sores covering his head, neck even his shoulder with thick yellowing scabs. Every time someone saw Ugly there was the same reaction. "That's one UGLY cat!!"



All the children were warned not to touch him, the adults threw rocks at him, hosed him down, squirted him when he tried to come in their homes, or shut his paws in the door when he would not leave. Ugly always had the same reaction. If you turned the hose on him, he would stand there, getting soaked until you gave up and quit. If you threw things at him, he would curl his lanky body around your feet in forgiveness. Whenever he spied children, he would come running meowing frantically and bump his head against their hands, begging for their love. If you ever picked him up he would immediately begin suckling our earrings or whatever he could find.

One day Ugly shared his love with the neighbour's dogs. They did not respond kindly, and Ugly was badly mauled. From my apartment I could hear his screams, and I tried to rush to his aid. By the time I got to where he was laying, it was apparent Ugly's sad life was almost at an end. Ugly lay in a wet circle, his lower back twisted grossly out of shape, a gaping tear in the white strip of fur that was his front. As I picked him up and tried to carry him home I could hear him wheezing and struggling. I must have been hurting him terribly I thought.

Then I felt familiar tugging, sucking sensation in my ear Ugly in so much pain and obviously trying was trying to suckle my ear. I pulled him closer to me, and he bumped my hand with his head, the he turned his one golden eye towards me, and I could hear a distinct sound of purring. Even in the greatest pain, that ugly battered scarred cat was asking only for a little affection, perhaps some comfort. At that moment I thought Ugly was the most beautiful, loving creature I had ever seen. Never once did he try to bite or scratch me, or even try to get away from me, or struggle in any way. Ugly just looked up at me completely trusting in me to relieve his pain.

Ugly died in my arms before I could get him inside, but I sat and held him for a long time afterwards, thinking how one scarred, deformed little stray could so alter my opinion about what it means to have true pureness of spirit, to love so totally and truly. Ugly taught me more about giving and compassion than a thousand books, lectures or talk show specials ever could, and for that I will always be thankful.

He had been scarred on the outside, but I was scarred on the inside, and it was time for me to move and learn to love truly and deeply. To give my total to those I cared for.

Many people want to be richer, more successful, well liked or beautiful, but, for me, I will always try to be Ugly.

Short story from Diversions Digest.

Dates for Your Diary

Tuesday, September 19th

Delhi Network Gathering

10 am
Hyatt Regency Ballroom



Tuesday September 19th

7-30 pm 9.00 pm

Glimpses of India Lecture Series
Speaker: Mr Subhash Gogate
Topic: Knowing your inner conscience
American Embassy School
Multi Mall Purpose Room (Hall of Peace)
(entrance from gate 2)

Tuesday September 26th

Panchshila Park Neighbourhood.
Afternoon tea at 3.30pm at N-22 Panchshila Park

Wednesday 27th 30th September

First Solo Exhibition of the New Century The show
will be inaugurated by **Kala Raksha artisans** .
Sponsored by Development Commissioner
(Handicrafts) Min. of Textiles. Gov. of India
At The Blind Relief Association, near the Oberoi
Hotel Timings are 10 am to 7 pm

September 28,29 and 30th

11 am 5 pm
An invitation to a private viewing
Of jewellery, paintings and accessories from
Jaipur.
D 8 West End

Saturday September 30th

8 PM

Delhi Network

Mongolian Barbeque
Hyatt Hotel Poolside
Members and Family only



Wednesday October 11th

10 am 12 am

Coffee Morning at 2 Rajij Marg.
In aid of Grant Govan Trust. Held
by The British ex-pat group, but
open to other people. There will
be cake and book stalls, a raffle
etc.

Tuesday, October 17th

Delhi Network Gathering

10 am
Hyatt Regency Ballroom

Sunday 22nd October

11.30 am

British High Commission
Moghul Gate-Shantipath
5km Charity Fun Walk/run, organised by the Hash
House Harriers of Delhi, in aid of mobile crèches.
Full registration (200 rps) on the day, or
registration forms from Delhi Network Office.
A medal for everyone who finishes! Raffle prizes.

The Delhi Commonwealth Women's Association

Invites

The ladies of the Australian and New Zealand Community
The "British Abroad" contact group
The members of the Canadian Community

And

Delhi Network

To visit its Medical Centre,

On

Tuesday, 26th September, 2000

At 10.30 am

RSVP:

To your own club President or contact person
Or Stella Kirton, DCWA Chairperson Tel. 6427878
Risham Chawla Tel. 6497025

DCWA Medical Centre
Zamrudpur
Greater Kailash 1 Tel. 4642875

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- - - white embroidered shirts
- - - white shirts with Chinese "rose buttons"
- - - cotton/linen sequined tops
- - - and all our nightwear camisoles with lace pyjama sets
- - - silk shirts, organza shirts, satin shirts and silk pants

A preview of our new silk collection includes:

- - - pants w/tapered legs with co-ordinating beaded tops
- - - raw silk stoles perfect for cooler weather and dressy occasions in silver grey with pastel flowers, gold with embroided pearls and black with bold red roses

please call at 6148525 or 9810172527 if you'd care to visit Ginger Root
(At my residence) E 12/4 Vasant Vihar, 2nd floor.



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E-mail guptasons999@hotmail.com

Persons to be contacted:

Rakesh Gupta 9810014028

Rajesh Gupta 9810050020

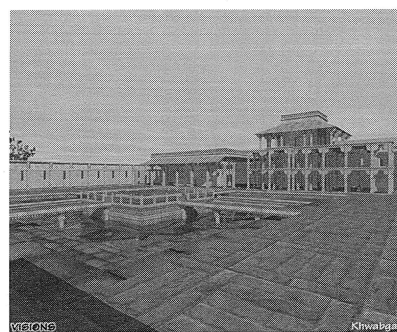
Parmod Puri 9810009008

Sanjay Dayal 9810049549

INDIA'S ABANDONED CITY

Fatehpur Sikri

*In the name of him who gave us sovereignty,
Who gave us wise heart and a strong arm,
Who guided us in equity and justice,
Who put away from our heart aught but equity;
His praise is beyond the range of our thoughts,
Exalted be his majesty, Allah Akbar*



WILD PEACOCKS strut incongruously across the dusty, crop less plain, while vultures congregate lazily by the water-holes in which mud encrusted buffalo escape the heat. Villagers working their "dung factories", shaping and drying winter fuel.

On the road, pitiful dancing bears are presented to passers-by, forced to pose upright by ropes threaded through their nostrils. Imperious camels disdainfully pull loads of handmade bricks and burdened donkeys seem down-trodden by bulging bales of rags.

Today, they compete for road space with the fume-belching trucks and overloaded buses so typical of India. Yet it may have been along this very route some 400 years ago that the Mogul Emperor Akbar, surrounded by courtiers and courtesans, with an army of hundreds of war elephants and other symbols and excesses of power, marched his people away from the city he built as a showcase of the vast empire that was Hindustan.

The royal city at Fatehpur Sikri, situated 26 miles west of Agra, was built at the orders of the Mughal Emperor Akbar. While Akbar himself was illiterate, he took a keen interest in literature, architecture, and the arts. He is also reputed to be a very tolerant ruler, and the buildings at Fatehpur Sikri blended both Islamic and Hindu elements in their architectural style. One of the buildings even reflects the new syncretistic faith founded by Akbar, Din-e-ilahi, which though very short-lived remains a matter of controversy. Popular legend has it that since Akbar was without an heir for a long time, he made a pilgrimage to the renowned Sufi saint, Sheik Salim Chisti, to seek his blessings. When a son -- later to be known as Jahangir -- was born to him, Akbar named him after the saint as a mark of his gratitude and built the new capital to mark his birth. Construction of the new ceremonial capital, with its elaborate palaces, formal courtyards, reflecting pools, harems, tombs and a great mosque, commenced in 1571. A large number of masons and stone carvers worked hard on an area that was over two miles long and a mile wide; they used a brilliant red sandstone available locally, which provides the buildings with much of their lustre. Shortly after the work was completed fifteen years later, it was realized that there was a lack of an adequate water supply and the pristine complex was abandoned.



Fatehpur Sikri is now a World Heritage site. The Panch Mahal, or Palace of Five Storeys, and the Buland Darwaza, a massive gate which provides entrance to the complex, number among the finest specimens of Mughal architecture, and it is even arguable that Fatehpur Sikri is the greatest accomplishment of Mughal architecture, surpassed only in reputation but not in its beauty and the awe it inspires by the Taj Mahal. The cultural politics of the site remains to be written: perhaps the mammoth chess board, where human figures were used as chess pieces and moved at the emperor's will, provides a cue.

Sources

Brown, Percy. *Indian Architecture*. Bombay: Taraporevala and co., 1959.

Davies, Philip. *The Penguin guide to the monuments of India*, Vol II. London: Viking, 1989.

Alistar Smith *The Age* Melbourne

Arranged by KP

BARBEQUE



**Members of
Delhi network**

Welcome and Welcome Back

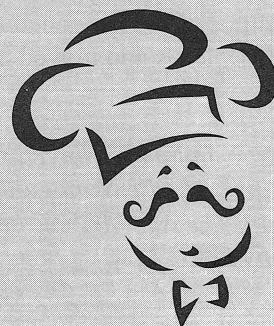
Mongolian Barbecue Dinner

Date: Saturday September 30th. 2000

Time: 8 pm

Place: Hyatt Hotel by the Pool

Dress: Casual (*no shorts please*)



KALA RASHA

A Kutch-based registered Trust, is presenting its fifth annual solo exhibition in Delhi.

This not-to-be missed exhibition culminates seven years of developing income generation programmes among high skilled communities of traditional embroiderers of Kutch. The trust began with *suf* embroiderers who migrated from Sindh, *Rabari* camel herding nomads, and Islamic pastoralist *Jats*. Suf work is delicate and amazingly intricate. Rabari embroidery is bold and often studded with mirrors. Jat work is dense, precise cross stitching with minute mirrors.

This year the Trust is introducing the work of three more communities: the extra bold mirrored work of Dhebaria nomads, the dense mirrored paako, and the minute delicate stitching of Mutavas. In addition, new this year are: silver replicas of traditional jewelry, gorgeous evening bags, and luxury throws. Plus, vegetable dyed silks, all new shawls, new beadwork. All this in addition to its well loved line of exquisitely hand embroidered shalwar-kamizes, jackets and scarves in silk, wool, pashmina and signature vegetable dyed cottons, charming games, cozy patchwork quilts, accessories and fancy footwear.

Committed to excellent quality and eco-friendly, natural materials, Kala Raksha uses hand loomed natural fibers and vegetable dyes. It also strives to maximize local production; thus much of the work has been completely produced in Kutch, and local weavers, dyers, tailors and leather workers benefit.

The unique feature of Kala Raksha is its grass roots orientation. Trustees and management are drawn from the local community and the Trust provides training to make this possible. Artisan-driven, Kala Raksha has artisans set their wages. Thirty percent of the price paid for Kala Raksha products goes directly to these village women.

Also unique to Kala Raksha is its museum of heirloom textiles housed locally as a resource base. Kala Raksha's artisans, aged 18 to 55, work together with designers and Trustees to create contemporary pieces inspired by their own traditions housed in the Museum. The designing is as important as the product. Each piece is a one-of-a-kind work of art.

And it is the artisans who run this annual event, adding to the natural flavor.

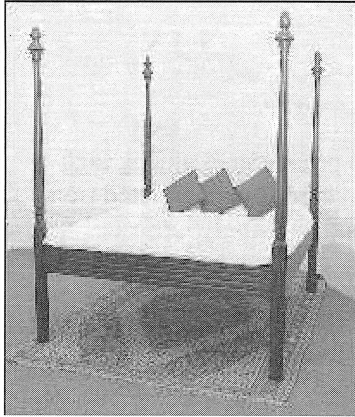
This first solo exhibition of the new century, sponsored by Development Commissioner (Handicrafts), Ministry of Textiles, Government of India, will be held at the **Blind Relief Association, near the Oberoi Hotel, from 27th to 30th September, 2000. Timings are 10:00 to 7:00.** The show will be inaugurated by Kala Raksha artisans on 27th September at 10:00 a.m.

For further information or visuals, please contact Sanjay John Mahida at the address below:

**Kala Raksha
Parkar Vas
Sumrasar Sheikh
Ta. Bhuj, KUTCH 370 001
Tel.(02832) 77238/53697
Fax: 55500**

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*"He is efficient and reliable and I can highly recommend them."
MrD Heuer (Programme Director)
Indo-German Tool Room Programme*

*"He did a thorough and efficient job and as things turned out, he was able to get more money for us than we could have done ourselves. Please feel free to use his services as we highly recommend him. If you would like to question me further, please write to me at
sharonb@poboxes.com"
Sharon Bloyer, IT Manager, American
Embassy School*

Phone us on  689-5537, 689-9371, 98102-58658

SPECIAL MIDWEEK GETAWAY OFFER

INDIAGO Your own european Travel Operator in New Delhi. Indiago, run by British ex-pat Mrs Lesley Marsh is offering the following midweek, "get out of Delhi " tour for all members of Delhi Network.
Please call Lesley on 689-1471 for bookings or more information.



Tuesday 10th or Tuesday 17th October 2000 : THE PUSHKAR RESORT, PUSHKAR, RAJASTHAN.

Spread over 15 acres of golden desert terrain just outside the village of Pushkar, this new deluxe resort offers beautiful airco rooms with sit-outs, excellent cuisine and superb outdoor swimming pool and above all, peace and quiet. If you are interested, they have very strong telescopes to watch the night sky which is totally unpolluted.

PROGRAMME:

Day 1. Leave Delhi by Shatabdi Express train early morning. Pick up at Ajmer railway station for short car/ jeep transfer to hotel. Lunch at the hotel. Relaxing afternoon. Towards sunset, camel safari. Dinner and overnight stay.

Day 2. Breakfast. Morning visit to the holy lake of Pushkar with it's ghats and bathing pilgrims. This visit will be accompanied by a guide from the hotel and you can do "pooja" yourself if you like. Return for lunch at the hotel. Afternoon at leisure. Evening camel-kafila procession for dinner in the sand dunes. This is a spectacular affair! Return to the hotel for overnight stay.

Day 3. Breakfast and morning at leisure. After lunch transfer by car/jeep to the Ajmer Railway Station for the journey back to Delhi.

Cost: Rps 6795 /--per person based on a twin sharing room. Single supplement: Rps 1537 /--.

Included:

- Return train journey with a/c seat in the Shatabdi Express including early morning tea and b'fast on the train going and dinner on the return journey.
 - Transfers to and from the railway station in Ajmer.
 - Two nights accomm. At the Pushkar Resort including breakfast, lunch and dinner.
 - Visit to Pushkar with guide, Afternoon camel safari and Evening camel kafila with dinner at the sand dunes.
- Not included: Transfer to the Delhi Railway Station from home. Tips, beverages and personal expenses.

TAXI FARES IN DELHI

TAXI

Fare = meter reading x 5 + s 3.50

Luggage charges: Rs 2/luggage (heavier than 20kgs) **NIGHT CHARGES** 11 pm - 5 pm, 25% extra charge over total fare

HALTING CHARGES 30 paise for every 3 minutes

AUTO-RICHSHAW

Fare = metre reading x 2.5 + Rs. 3

(some new taxis may have up-to-date meters)



Rules of the Road, Indian Style

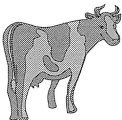


Travelling on Indian roads is an almost hallucinatory potion of sound, spectacle and experience. It is frequently heart-rending, sometimes hilarious, frequently exhilarating, always unforgettable--and extremely dangerous. Most Indian road users observe a version of the Bharat Highway Code based on Rickshawsutra, a disputed Sanskrit text summarizing the rules of the road.

1. The assumption of immortality is required of all travellers. If death frightens you, stay home. India enjoys the world's original mass transit system, which is hereby defined as "mass rules the road." If you are bigger, you have the right of way, no matter what other conditions prevail. However, in the case of accidents this rule is reversed, and the driver of the larger vehicle involved in any collision is, a priori, guilty and may be summarily beaten by passers-by, lest the short arm of the law fail to exact his due punishment.



2. Indian traffic, like Indian society, is structured on a strict caste system. The following precedence must be accorded at all times. In descending order, give way to: cows, elephants, heavy trucks, buses, official cars, camels, light lorries, buffalo, jeeps, ox-carts, private cars, motorcycles, scooters, auto-rickshaws, pigs, pedal rickshaws, goats, bicycles (goods-carrying), handcarts, bicycles (passenger-carrying), dogs and pedestrians.



3. All wheeled vehicles shall be driven in accordance with the maxim: to slow is to falter, to brake is to fail, to stop is defeat. This is the Indian drivers' mantra. In observance of this rule three things are required of every licensed driver: a good horn, good brakes and good luck.
4. Never stop for an accident, except to pummel victims as outlined in Article 1. As you drive past the mangled mountain of metal, show compassion by thinking to yourself, "That's karma," or in the case of a big collision, "That's truckma." All maneuvers, use of horn and evasive action shall be left until the last possible moment to assure an uninterrupted flow of automotive-induced adrenaline.

5. In the absence of seat belts (which, like God, is omnipresent in India), car occupants shall wear garlands of marigolds. These must be kept fastened at all times. Upon arrival at one's destination, a moment of tearful prayer is compulsory--a large donation to one's favourite temple is optional.

India's traffic thus reveals her very soul. India is courageous and able to survive just about anything. She is intense, complex beyond comprehension, and a little bit wild. She is nimble, gregarious and unselfconscious. She loves liberty more than law and risks the higher road of trust in the spiritual process while others ply the safe byways of control.



From "On The Road in India" by Acharya Palaniswami, IndiaStar--A Literary-Art Magazine/Internet

Hello is anybody there?

I am sure that you have visited somewhere of experienced something interesting, funny, unusual, serious or just informative. Why not share it with others. You do not have to be a scribe to send in a article.

If you would like to remain anonymous just pass it on to the newsletter staff, you will be surprised how interested other people are in your experiences. It does not have to be about places, send in your favourite recipes, tips and ideas. Maybe you may find an article in your home country about ex-pats living abroad.



So please don't be shy, start sending in those words.

Thank you Kathy Pritchard
Pritchard@vsnl.com

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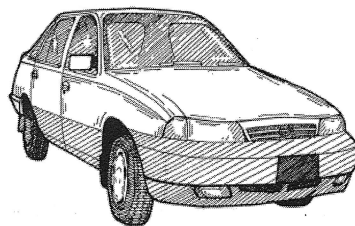
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Vicki Fennessy

AUSTRALIA

QUESTIONS E-MAILED TO THE OLYMPICS INFO LINE: (

Does it ever get windy in Australia? I have never seen it rain on TV, so how do the plants grow? (UK) (Upwards, out of the ground, like the person who asked this question, who themselves will need watering if their IQ drops any lower...)

Will I be able to see kangaroos in the street? (USA) (Depends on how much beer you've consumed...)

Which direction should I drive - Perth to Darwin or Darwin to Perth - to avoid driving with the sun in my eyes? (Germany) (Excellent question, considering that the Olympics are being held in Sydney)

I want to walk from Perth to Sydney - can I follow the railroad tracks? (Sweden) (Sure, it's only seven thousand miles, so you'll need to have started about a year and a half ago to get there in time for this October...)

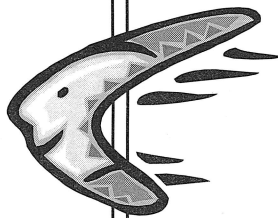
Is it safe to run around in the bushes in Australia? (Sweden) (And accomplish what?)

It is imperative that I find the names and addresses of places to contact for a stuffed porpoise. (Italy) (I'm not touching this one...)

My client wants to take a steel pooper-scooper into Australia. Will you let her in? (South Africa) (Why? We do have toilet paper here...) Where can I learn underwater welding in Australia? (Portugal)

Do the camels in Australia have one hump or two? (UK)

Can I bring cutlery into Australia? (UK) (Why bother? Use your fingers like the rest of



Do you have perfume in Australia? (France) (No. Everybody stinks.)

Do tents exist in Australia? (Germany) (Yes, but only in sporting supply stores, peoples' garages and most national parks...)

Can I wear high heels in Australia? (UK) (This HAS to have been asked by a blonde...)

Can you tell me the regions in Tasmania where the female population is smaller than the male population? (Italy) (Yes. Gay nightclubs.)

Can I drive to the Great Barrier Reef? (Germany) (Sure, if your vehicle is amphibious.)

Are there killer bees in Australia? (Germany) (Not yet, but we'll see what we can do when you get here.)

Are there supermarkets in Sydney and is milk available all year round? (Germany) (Another blonde?)

Please send a list of all doctors in Australia who can dispense rattlesnake serum. (USA) (I love this one... there are no rattlesnakes in Australia)

Which direction is North in Australia? (USA) (Face North and you should be about right)

Can you send me the Vienna Boys' Choir schedule? (USA) (Americans have long had considerable trouble distinguishing between Austria and Australia.)

I have a question about a famous animal in Australia, but I forget its name. It's a kind of bear and lives in trees. (USA)

I have developed a new product that is the fountain of youth. Can you tell me where I can sell it in Australia? (USA) (From Liz Taylor, perhaps?)

Are there places in Australia where you can make love outdoors? (Italy) (Yes. Outdoors.)

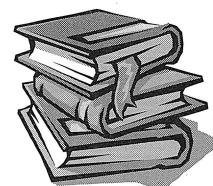
I was in Australia in 1969 on R+R, and I want to contact the girl I dated while I was staying in Kings Cross. Can you help? (USA)

Will I be able to speak English most places I go? (USA)

From <http://www.coolnewsletters.com>

Mammoth Hunt : In search of the giant elephants of Nepal

AUTHORS: John Blashford-Snell and Rula Lenska
PUBLISHERS: HarperCollins, 1996



John Blashford-Snell is a latter day explorer, running Operation Raleigh and thriving on expeditions in remote areas. Rula Lenska founded Elefriends (now Born Free - check out the website). The book is written in a 1950s adventure story style, recalling the old 'shikar' books of experiences in East Africa and India. Not great literature and not great science, rather a straightforward tale of a quest to locate and photograph the 'giant' elephants with pronounced domed heads (if you haven't seen a picture of one it's worth getting this book just for that!) reported from the Bardia area of Nepal in the mid-1990s. Nice anecdotal information on the area and on elephants as well. All profits from the book will go towards protection of endangered wildlife, especially the Asian elephant, and the people of the Bardia area, the flyleaf says.

Touching the Void

AUTHOR: Joe Simpson
PUBLISHERS: Jonathan Cape, 1988

A survival story that takes one's breath away. Joe Simpson and his partner, both accomplished mountaineers, went on a climb in the Peruvian Andes. A series of mishaps ensued, testing both clearly beyond the normal limits of human mental and physical persistence. This is both for the armchair reader as well as readers who love the mountains. It shows you what can go wrong, but it will also serve as inspiration for you if things do go wrong - because I can think of very few people who had it worse than Simpson and Simon Yates, his partner. This ranks among the epic stories of the mountains : with Doug Scott's broken ankles on the Ogre, for instance; or with the dreadful Haramosh expedition of 1957 led by Tony Streather. It's also a fast and gripping read, and won the Boardman/Tasker Award for mountaineering

The Fate of the Elephant

AUTHOR: Douglas H Chadwick
PUBLISHERS: Sierra Club, 1992

An excellent book for anyone looking for a clear and concise briefing on the state of elephants in the wild, both African and Asian. There's a good quote on the jacket from Richard Leakey, the well-known Kenya Wildlife Service Director, which is worth repeating here : "The elephant, like the chimpanzee, the gorilla, the orangutan and the whale before it, must become yet another species that our consciences must reckon with."

Soul of the Tiger

AUTHOR: Jeffrey A. McNeely and Paul Spencer Wachtel
PUBLISHERS: Doubleday, 1988

I have this book in my library because it was, in the early '90s at least, the only one I could find that dealt specifically with wildlife in the context of South East Asia and its people. It makes sense to do so because of the contiguity of the region, of course - which has much in common in terms of ecosystems with north eastern India and Burma. It is also the historic range of the tiger and elephant, and in many areas tigers specifically are just clinging to survival by a thread. A good book, focusing on the relationship of the people with nature. It is subtitled "Searching for Nature's Answer's in Exotic South East Asia."

These books can be purchased on [Amazon.com](https://www.amazon.com)

Something to do

Adult Education

The American Embassy School offers evening courses.

Contact the school for current programme/fees. Tel: 611-7140 or 611-7146.

Spring session: Feb./March.

Fall session: September

Aerobics

Mandy Dakin has been teaching aerobics for the last 10 years. Trained in London, she spent the last 7 years teaching a variety of classes in a large chain of gyms based in 'the city' of London. Her aim is to make fitness fun and accessible to all. She is now teaching at the following times and venues:

Mondays at ACSA 6 7 pm
(Aqua Aerobics)

Tuesdays at ACSA 9 10 am

Wednesdays ACSA 6 7 pm
(Aqua Aerobics)

Tuesdays at the British High Commission 6.15 7.15 pm

Thursdays at ACSA 9 10 am

Thursdays at the British High Commission 6.15 7.15 pm

All classes are a mixture of mainly low impact and high impact moves followed by toning for the legs, abdominal, butt and upper body.

Tuesday evening's class at the BHC is body conditioning only.

She hopes to begin aqua classes shortly. For further information call Mandy on 614-5818. Please bring water and a mat to the class.

Bridge

Ex-pat Bridge Group that meets on

Mondays is looking for keen bridge players to join:

Call: Lynn Baynman 6877489

Rekha Sarin 684 0964

Annette O'Silva 506 4512



Babies and Toddlers

To all Mums feeling lonely, need a chat, or the kids are driving you up the wall? Call for social meetings for Mums and little kids, Ingrid Crookshanks on 98110 93622 or Manju Isaacs 649-1397.

Dance and Fitness Centre

In a superb wooden-floored studio near Lodhi Gardens, 21/A Amrita Shergill Marg. Classes include stretch, body toning, modern dance, jazz dance, aerobics and personalised fitness. Call Anne Devayani 463-6772.

DCWA

Delhi Commonwealth Women's Association is an international group which runs various social events as well as a clinic for the poor. They are always looking for items for the pharmacy. Call Amina Singh on 614-5986 or 614-6023 for details.

Delhi Christian Fellowship

Every Sunday at 9 am there is a church service at the Hyatt Regency Hotel with a Sunday School for children during the service plus bible study and a youth group.

French Lessons

By a French national and graduate of Sorbonne-Paris University. Beginners or advanced levels. Call Anne Chaymotty-Devayani on 463-6772, fax 463-3404

French speaking

Groupe Francophone de Delhi. All French speakers welcome (whatever your nationality, whatever your level). This group runs an extensive range of cultural events, tours, lectures and get-togethers. Call H  l  ne Cazalet on 464-3682.

German Conversation Group

If you like speaking German, (any level) and want to keep up or deepen your knowledge, please join us. We meet every 2nd Monday at 3 pm. For information call Karin Weselscheid on 612-3405 or Brunhilde Gupta on 696-2708.

Glow

The Global League of Women is an organisation which promotes international friendships and understanding of different cultures. Call Serita Kakar 461-9627 for details.

Guitar Lessons

Guitar Teacher with extensive experience (*Town Music School Cologne-Hurth, Academy of Music Cologne*) and concert guitarist with international recognition offers lessons Information:

Darko
Tel.

Konofsky
6526660



Hindi Lessons

Chaya Bhattacharya is a qualified tutor and is also willing to teach on the Bhagvad Gita. Call 462-4704.

Indian Cookery

Amita Khosla will teach you how to produce authentic Indian meals using ingredients available in the West. Call 469-2544 mornings.

Mah-Jong and Canasta Classes

Lessons with Risham Chawla, 2-4pm on Wednesdays at N-21 Panchshila Park.

Costs Rs 250 per session for a four-session course. Proceeds go to charity. Call 649-7025.

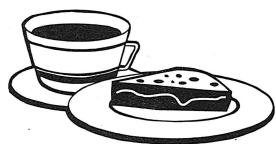
Navjyoti-Delhi

Police Foundation

Runs a school and nursery in a slum area at Yumuna Pushta. Two ex-pat nurses help out and they are looking for other volunteer nurses and health workers to give check-ups. Sunil Verma 98110 56000 has details.

Needlenuts

Group meets Thursday 9.30-12.30 in different homes each week. Come and go as you please, work on what you like. Call Lynn Moss on 621-5065



NEWCOMERS

Every Tuesday, 10-12 am, in Boardroom 2 at the Hyatt, to the right of the Ballroom, for an informative get-together over coffee and cakes. Oldies are also welcome to share their experiences.

Patchwork & Quilting Group

Meets every Monday morning, 10 am to 12 mid-day. Beginners welcome! Contact Phil Thomas on 556-5569.

Patchwork & Quilting: A Complete Course

For more information call Phil Thomas on 556-5569



Piano Lessons

American concert pianist Roberta Swedien has 28 years teaching experience and is giving lessons in her Defence Colony music studio. These lessons can include music history, theory, composition, form and analysis and performance as well as technique and repertoire. For intermediate and advanced students only. Call Roberta for details on 461-0918.

Tushita Meditation Centre

Women's spiritual development group, which meets every Wednesday at 10.30 am. They organise healing workshops on yoga, Reiki, tai-chi, etc. Teaching by Buddhist lama. Call Renuka Singh on 651- 8248 for details.

Scottish Country Dancing

Thursdays 8 pm in the British High Commission hall. Don't worry if you have two left feet! Contact Maureen Sachdev 463-3658 Ext. 207



Silk Painting

An introduction to silk painting. Learn the basic techniques using water based paint. Minimum time needed would be five mornings only. Instruction can be given in French, Dutch or English. If interested, please call Sylvie Kuenzi, phone 463-3644.

Spanish Lessons

Instituto Hispania offers classes in Spanish language, following a communicative methodology derived as a result of extensive number of studies in the field of teaching Spanish as a foreign language. The teachers are Spanish nationals as well as postgraduates from leading Indian and Spanish universities. Y-10 Green Park, behind McDonalds, phone 696-8016, 8043

United Nations Women's Association

Offers a varied programme of informative and social activities, and supports a kindergarten for under-privileged children. For details call Sherine on 696-0233 or Jill on 687-9685.

Yoga

- ◆ Experienced teacher who has been recommended by several expats, will come to your home. Call Raju on 614-2908 between 12 and 3 pm.
- ◆ Yogesh Kumar, phone 623-3996 Pager 9632-122692.

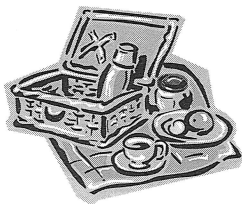
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Occasionally, airline attendants make an effort to make the "in-flight safety lecture" and their other announcements a bit more entertaining. Here are some real examples that have been heard or reported



1. From a Southwest Airlines employee: "There may be 50 ways to leave your lover, but there are only 4 ways out of this airplane."
2. Pilot: "Folks, we have reached our cruising altitude now, so I am going to switch the seat belt sign off. Feel free to move about as you wish, but please stay inside the plane till we land. It's a bit cold outside, and if you walk on the wings it affects the flight pattern."
3. After landing: "Thank you for flying Delta Business Express. We hope you enjoyed giving us the business as much as we enjoyed taking you for a ride."
4. As the plane landed and was coming to a stop at Washington National, a lone voice came over the loudspeaker: "Whoa, big fella. Whoa!"
5. After a particularly rough landing during thunderstorms in Memphis, a flight attendant on a Northwest flight announced: "Please take care when opening the overhead compartments because, after a landing like that, sure as hell everything has shifted."
6. From a Southwest Airlines employee: "Welcome aboard Southwest Flight XXX to YYY. To operate your seatbelt, insert the metal tab into the buckle, and pull tight. It works just like every other seatbelt and if you don't know how to operate one, you probably shouldn't be out in public unsupervised. In the event of a sudden loss of cabin pressure, oxygen masks will descend from the ceiling. Stop screaming, grab the mask, and pull it over your face. If you have a small child travelling with you, secure your mask before assisting with theirs. If you are travelling with two small children, decide now which one you love more."
7. "Weather at our destination is 50 degrees with some broken clouds, but they'll try to have them fixed before we arrive. Thank you, and remember, nobody loves you or your money more than Southwest Airlines."
8. "Your seat cushions can be used for flotation. In the event of an emergency water landing, please take them with our compliments."
9. "As you exit the plane, please make sure to gather all of your belongings. Anything left behind will be distributed evenly among the flight attendants. Please do not leave children or spouses."
10. "Last one off the plane must clean it."
11. From the pilot during his welcome message: "We are pleased to have some of the best flight attendants in the industry. Unfortunately none of them are on this flight."
12. This was overheard on an American Airlines flight into Amarillo, Texas, on a particularly windy and bumpy day. During the final approach, the captain was really having to fight it. After an extremely hard landing, the flight attendant came on the PA and announced, "Ladies and gentlemen, welcome to Amarillo. Please remain in your seats with your seatbelts fastened while the captain taxis what's left of our airplane to the gate!"
13. Another flight attendant's comment on a less than perfect landing: "We ask you to please remain seated as Captain Kangaroo bounces us to the terminal."
14. An airline pilot wrote that on this particular flight he had hammered his ship into the runway really hard. The airline had a policy which required the first officer to stand at the door while the passengers exited, smile, and give them a, "Thanks for flying XYZ airline." He said that in light of his bad landing, he had a hard time looking the passengers in the eye, thinking that someone would have a smart comment. Finally, everyone had gotten off except for this little old lady walking with a cane. She said, "Sonny, did we land or were we shot down?"
15. After a real crusher of a landing in Phoenix, the flight attendant got on the PA and said, "Ladies and gentlemen, please remain in your seats until Captain Crash and the crew have brought the aircraft to a screeching halt up against the gate. And, once the tire smoke has cleared and the warning bells are silenced, we'll open the door and you can pick your way through the wreckage to the terminal."
16. Part of a flight attendant's arrival announcement: "We'd like to thank you folks for flying with us today. And, the next time you get the insane urge to go blasting through the skies in a pressurized metal tube, we hope you'll think of us here at US Airways."

From our President

DAY TRIP

How should I start, from the beginning would be good. My driver, a very high in morals and low in humour person has asked me several times if he might take me to his village, to see how the real people of India live. I had up until now avoided the trip, I am not an explorer of developing countries. My husband works in them and I try to maintain a western style of living as much as I can, but our driver was so thrilled when he discovered I had a free day and my husband was out of station at the same time. I could not refuse and so with horror was advised he would pick me up at 6 a.m. to start the journey. He was very thoughtful and on the way we collected his niece, who is an English speaking sixteen year old, and extremely western in her dress and outlook. She was a back-up interpreter in case he became involved with his relatives and I felt isolated. As I said before he is very thoughtful.



So we arrived at the nieces house around 6.30 a.m. somewhere in Saket. The family consisted of parents, the niece, younger brother, older sister, with baby, visiting from her husband's village. The home had two rooms and a kitchen so at that time in the morning many char poi were in evidence, some occupied. An empty one was found for me and I was asked what refreshments I would like. Feeling somewhat of an intruder at that time in the morning I said no thank you. That was not acceptable, mother was up and getting food ready for everyone, what did I want (I discovered later they had a kitchen attached to there home, not shared). Omelette and bread with a cup of local brew were delivered to me. One of the strangest situations I have ever had to eat breakfast in. Everyone gradually arose, washed somewhere outside, dressed discreetly in corners and generally prepared for the day. I kept my eyes down and was entertained by a couple of rodents that scuttled about the room.

Setting off, now with driver, niece and a couple of extras, younger brother and older sister with baby, why take a seven seater Safari with only three people in it? You can see the logic there I suppose. Unfortunately we were not full, just a short distance from the Saket home we stopped to pick up a 'relief' driver, as it was to be a long trip and of course he had a young relative with him, what a surprise.

Our relief driver took over immediately, he was known to me and had driven us on one or two occasions when our own driver was sick, a cousin, aren't they all. He and I had the prime seats, up front and we were full so no more stops.

The trip had finally started we had wonderful Punjabi music on tape provided by the younger members of the group and the feeling of the 'family' day out took over. Much singing, shoulder shaking and general bonhomie, my driver, now in the back seat doing the necessary interpreting.

We were heading into Uttar Pradesh somewhere beyond a town called Khurja. After about an hour of driving, refreshments were called for. A stop was made and bananas and soft drinks were purchased at the roadside, we ate and drank as we travelled (canned soft drinks to ensure a certain amount of hygiene).

The first major town we hit in U.P. had a relative who owned a pharmacy and another that owned a refreshment stand outside the pharmacy. Thereby giving customers the opportunity of drinks while that wait for their prescriptions to be filled. That is a personnel interpretation.

Can you imagine our troupe getting out of the car, in the pouring with rain, a complete mud bath everywhere and the guest of honour, myself being graciously seated on a 'box' in the pharmacy. Really just a hole in the wall. I didn't recognise a thing on the shelves, after introductions were made I asked if they had paracetamol, just out of curiosity, the pharmacist found some in a box under the wooden counter and insisted on making a gift of one to me. The state it was in would probably have done more harm than good if it were taken. On enquiry I was told that this gentleman had taken a six month course in the local education system to enable him to run this outlet. We were then all invited to his home, just behind the shop. The wife offered tea and snacks; it became apparent during the course of the day that this is standard practice when having visitors. You must accept. It takes a little time to actually get the tea, the process is, introductions, the offer of tea, youngest wife of family, usually with face covered is sent off to provide same.

Contd.

Preparation, gather firewood, start fire, somewhat difficult when raining, so make shelter, plastic and cardboard. Fetch water from the well, boil water wash cups with this then boil more water to make tea. Around an hour to produce this hospitality, so very time consuming. Much discussion as to why I carried my own mineral water. No way could I explain that well water was not always safe for foreigners to drink. The drinking of water before tea seemed standard practice, probably keeps you occupied whilst waiting for the tea! All members of the households I visited were very friendly, but not wanting to speak, just touch and stare, in most cases I was the first foreigner they had ever seen in their village.

We eventually arrived at my driver's home, his father was introduced to me and then completely disappeared - he is apparently completely disinterested in anything outside his village. He certainly looked the typical ancient Indian farmer, dressed in traditional white garb from head to foot and carrying a staff. By the time we arrived here I was somewhat desperate for a restroom, it had by now been around six hours since we left home, with many of these tea stops on the way. It was proudly announced that they had toilet facilities at the farm. Word went out and a man arrived with a bucket of water and opened this 'barn' door and threw the water in, this turned out to be not a barn but just a small toilet area, hole in the ground, need I say more - yes I must. Closing the door loosened many things from the ceiling area, but I had to go. Everywhere was wet of course and I was wearing salwar kameez, with scarf. Much tucking in at the neck and rolling up of the legs of this garment took place before I could even start the process of which I was there for. Hot sticky and concerned about what 'they' all were thinking, about the time I was taking, carried out the necessary function. Having rearranged all necessary pieces of dress, stepped forth desperately hoping nothing was 'tucked' up that shouldn't have been. To wash my hands was another problem, but eventually the bucket returned, from the well I suppose and I was supplied with a piece of soap that must have been a hundred years old, not to mention being rolled in hair and grit during its lifetime.

I am unable to name any of the villages we visited other than to say they were where the cousin, niece or relief driver came from. Everywhere there were paddy fields and buffalo. I have never been so near so many buffalo; they almost live in the farmhouse with the family. The lanes in the villages were very uneven, some parts of course very muddy, several times when we turned a corner a 'parked' buffalo cart had to be moved, by hand, obviously buffalo were on their rest period. The moving of the cart usually involved all members of the car. Once the owner had been located and introduced to me negotiations were carried out about shifting the obstruction.

In each village I was received by grandparents, parents, offspring and each time invited to take a char poi, usually in the farmyard, where the word went out, foreigner about, and all the villagers came to see.

I could see that taking tea could not be avoided, so decided to cancel, in my mind the following few days appointments and stick to my home, for surely I would 'reap' the benefits of taking hospitality from an unknown sources. I must have had someone on my side that day because I did not suffer at all. I did stick to drinking my own mineral water, but had tea, home made snacks and in the evening, at the last farm I visited had a full vegetarian meal prepared in the farmyard and produced by the two wives who shared the accommodation. While this was taking place the husbands and myself were resting on char poi's. There were three children to this double family home and each one of them was instructed to fan me constantly. I tried to take turns with them, feeling a little embarrassed, this amused them greatly, and in pretty reasonable English they said it was their pleasure. They were all very timid on first meeting me but after several attempts at conversation they were just like all kids meeting a new adult, unsure then pleased to find they could talk to you, then of course never shutting up, until told to be their fathers.

The whole day was an absolute whirl of visits to various close friends and relations, who I might add had their photographs taken with me as the centre piece, or that's how it felt. Everyone was introduced by name to me by my driver, who incidentally ended up late evening speaking to me in Hindi and the relatives English, this went down very well with everyone (he actually did lose his voice the next day), The niece, who was the back-up interpreter, took a very low profile, she was enjoying herself with all her cousins and aunts she hadn't seen for months.

Contd

I had taken two rolls of film with me, thirty-six on each, and I was glad no one else owned a camera, by nightfall the photo shoots were taking place in front of the Safari with its headlights on. My concern was for the battery of the vehicle, but all was well we made it to the final farmhouse where our evening meal awaited.

I was invited to stay the night by the two families who lived there, but thanked them very much for their hospitality and declined. Although this was a new farmhouse and they had taken up residence it wasn't quite finished. At a quick glance, even in the darkness I could see this. They had some good sturdy gates at the entrance, the building had no doors, electricity, or bathroom of any description. They did have water, which was pumped by hand from their well. By now the air was full of 'things' I didn't want to see, just as well there was no electricity! A torch was being shared and the whole area appeared to me swarming with insects. We finally took our leave after a last photograph of the husbands and myself sharing a glass of goodness know what - they called it whisky! I hasten to add I faked the drinking, but it amused everyone.

We left for home, more music and I'm sure, although I didn't look back, that there were more people on the return journey than the outbound. Spasmodic singing took place as sleep took over; everyone had had a really good day. I was absolutely exhausted but had enjoyed the day very much.

My bed was calling now and I couldn't wait! Arriving home at little after midnight, my first stop was the bathroom. Could this be a record I asked myself one visit to a loo in eighteen hours. Even my temperamental shower system at home was thoroughly welcome.

As I stated at the beginning of this story I am not an explorer, I would never do it again, but I have the memories of this trip which I shall be boring people with for many years to come. One thing I would like to say is that at no time during this day did I feel unsafe or intimidated and on reflection, if I had thought about the idea of going into the unknown with a driver I had known for only six months I would definitely have avoided it and missed a truly unique experience!

Brenda Beard

===== Computer Tips & Techniques =====

~ Tip of the month

Organize Your Documents

Got too much junk in your "My Documents" folder? Set up folders inside of it for each "category" of document that you have. For example, you could have a folder for letters, one for invoices, another for sales letters, and so on. It makes keeping track of stuff much easier. Here's how to set it up:

1. Click the Start button, Documents, My Documents. This should open your "My Documents" folder.
2. Create a new folder with an appropriate name (Right-click any blank area and select New Folder from the resulting menu.)
3. Finally, drag any documents that belong in that folder to it.

That's it. You can create as many of these little sub-folders under the "My Documents" folder as you need.

SPORTS



Delhi Hash House Harriers

Regular runs on Monday evenings and Saturday afternoons. Family runs on some Sundays. Call the Community Liaison Officer (CLO) at the British High Commission on 687 -2161



Ballooning

Ballooning Club of India, 8B Bahadur Shah Zafar Marg, 331-7977.

Bowling



Facilities at Qutab Hotel, Little Paradise (12/7 Mathura Road, Faridabad), Bawa Sports Complex (Kishangarh, Mehrauli), Leisure Bowl (Aruna Asaf Ali Marg, Vasant Kunj); and First Bowl at 32nd Milestone Complex (Delhi-Jaipur Bypass, Gurgaon).

Delhi Tourism (3314229) provides facilities for:



Cycle Tours

Amar Jeet Singh 336-5358, 336-3607
Adventure Tourism



Pedal Boating

Old Fort moat, India Gate moat 9 am to 6 pm. Rs. 40 per half-hour.

Rock Climbing

At the Adventure Park, Lado Sarai natural rocks. 9 am to 1 pm, September to December. Rs. 55 per head per day.



Rock climbing can also be done at Indian Mountaineering Foundation (IMF), Anand Niketan which has 3 artificial walls built to international specifications.

Rates: Casual, Rs. 100 per day (including equipment and instruction). Annual, Rs. 300 plus Rs. 30 per month (including equipment and instruction).



Martial Arts

Choi Kwang Do / Tae-kwon-Do
Martial Arts Instructor
Amit Bhargava
Tel: 6495322
Pager: 9632112440
Mobile: 9810248875



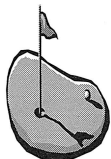
Football

Various embassies have joined together to form a soccer competition. Contact your Embassies for details.



Gliding

Daily rides from 1 pm til sunset every day except Wednesdays. At Delhi Gliding Club, Safdarjung Airport (phone 463-8052). Cost of flight per person Rs.75.



Golf

Delhi Golf Club
Dr Zakir Hussain Marg, tel. 436-2768 or 436-2235



Polo

Army Polo & Riding Club,
Tel: 569-9444/555
The Indian Polo Association,
Tel: 301-5604
Polo Season: October-February



Ladies Open Tennis at AES

Every Tuesday and Thursday morning from 8.30-11.30 at the American Embassy clay courts (entry Gate 3). No need to call first. If you know how to play, just turn up with your racket, ready to enjoy the game and the company. Players at all levels (other than absolute beginners) are most welcome. Lessons for beginners are available through the DLTA (details given below). Get started and then come along too!

Delhi Lawn Tennis Association, Africa Avenue, Telephone 617-6140 or 619-3955



Sailing

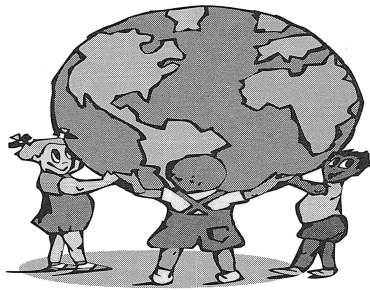
Defence Services Sailing Club,
Tel: 301-9604



Shooting

Dr Karni Singh Shooting Range,
Surajkund Road, Tel: 698-6802

Help us keep the Newsletter up to date. Let us know if you discover any new activities to add or items to change if they are out of date. Drop your comments off at the Delhi Network Office or call one of the Editors.



YOUNG EXPLORERS

**A FUN FILLED ADVENTURE
EXPLORING THE CHRISTIAN FAITH**

Young Explorers' is a children's club teaching Christian principles with songs, stories and fun activities.

For children from kindergarten to Grade 5.

venue: American Embassy School

Day: Thursdays

Time: KG Gd 2 2.30pm 3.30pm.

Gd 3 Gd 5 3.45pm 5.00pm

Contact: Tracy Morgan 6494020 / 64994010

Laura Martin 4643447.

Notice board

Are you Russian Speaking
and want to practice?

Contact: Svetlana Stobie
Tel No. 506 4335

For Sale:
Elegant wooden bar with
black granite top.
Contact. 6495251/6496267

WANTED TO BUY

Robust motorised treadmill,
Should be folding

Call: Rhonda Williams 9810194512

Mali/Gardener

Barchu has created and tendered our roof
garden for nearly three years. He also kept a
constant supply of lovely plants
in our house and on our
balconies. We are moving too
far away for him to come with
us.



He is honest and hard working.
He needs work in any of the following areas:
Vasant Vihar, Shanti Niketan, anand Niketan,
West End and Motthagh.

Phone. Judy & Jim Haslam-Jones
9810096456

Delhi Network member
Buzz Burza and his wife Vidhu
Ganjoor have prepared a useful
source book on Kahmiri carpets and
shawls. It gives detailed
descriptions of styles,
ornamentation and origins of carpets
and shawls.

Copies available at Rs 150
Tel. 220-9129/223 04125

Housekeeper/Ayah

Sujata is 23 yrs old, Nepalese and has been working for
me for 2 ½ yrs. Very loyal honest and easy going. Good
standard of english. Needs accommodation.. Available
immediaately.

Driver

Sujata's husband is 26 yrs old, and has experience of
driving for foreigners.

For more details ring me, Tora Bork 5066500

HELPER WANTED

BUSY BEES PLAYGROUP BRITISH HIGH COMMISSION

The Busy Bees Playgroup is run at the
British High Commission on Monday to
Friday from 9am to 12o'clock. The age
range is from 2 ½ to 4 years old.

We are looking for a helper who could do
1-2 mornings per week and may be
available for holiday/sickness cover if
necessary.

For further details, please contact Gayle
on 611 6028 or Monica on 615 2028.

Thanks to those who have made offers
of shoes, clothes and toys to the Jeevan Jyoti
Mother Teresa Orphanage for Handicapped
Children. Donations are always appreciated. Ring
Trudy on 6326175 if you have anything to give.

WANTED: Someone to teach English to Afghani-
stani refugees 4 days a week for one hour in Laj Pat
Nagar. Part of a World Vision
project. If interested ring Mercy or Roman on 6317369
or email umeedwvi@bol.net.in

Camp Corbett

KALADHUNGI • NAINITAL • INDIA



At the foot of the Kumaon Himalayas, overlooking the River Boar and located in a region of extensive mixed forests famous for their variety of animals and birds, CAMP CORBETT offers comfortable accommodation for groups and individual travellers. The Camp has 15 well finished and tastefully furnished cottages with double beds and attached baths. A Roundhouse in the centre of the camp is for dining and evening entertainment around a fire.

You will be made very welcome here by the Anand family, experienced naturalists as well as very hospitable hosts. The forests surrounding Camp Corbett are a paradise for the naturalist, birdwatcher or jungle lover. A jungle walk can reveal pug marks of both tiger and leopard as well as sightings of their prey.



Corbett National Park lies 30kms west of the Camp and is easily reached by a day excursion. The flora and fauna of the Park may be viewed by Jeep or elephant back. Corbett is India's first national park and was created in 1936 under the guidance of Jim Corbett, the well known conservationist.

ADDRESS: CAMP CORBETT, CORBETT NAGAR, KALADHUNGI - 263140, NAINITAL DISTRICT, UTTAR PRADESH
TEL: 91-05942-42126 / 42277 FAX: 91-05946-23623 / 91-05942- 35493 WEBSITE: www.cornwall-online.co.uk/camp-corbett/

BOOKING OFFICE, DELHI: TEL: 91-11-4692000 / 4698000 (Contact Ms Nandita Mehta)

E-MAIL: interserveDelhi@vsnl.com

Gujarat Haveli

The Gujarat Haveli is perfect for an interesting afternoon out. Out on the Jaipur Highway, it is about a 40 minute drive from South Delhi, about 9 kilometres past the Mehrauli/Gurgaon roundabout on the left behind high gates. It is best to make an appointment to make certain that someone will be there who speaks English.

Although the brochure suggests that they have rare and antique colonial furniture pieces, many of the items are reproductions of rare and antique colonial furniture pieces. That is not to suggest for an instant that the Haveli is not worth a thorough look through. It is massive and there is room after room piled high with different styles of cabinets, chairs, trunks, painted boxes, pillars and so on. In the room you are likely to be shown first are numerous large brass pots, *objet d'art*, and wrought iron wall hangings. A good rummage through this room can yield some interesting bits and pieces. From there one enters the warehouse mainly filled with Gujarati style furniture, and there are at least four large rooms stacked high with all sorts of things. Some of these may well be antique, and if you like a piece and think it is the right price, go for it. Certainly there are unique pieces. For example, there are camel cart bits which have been made into semi-triangular book shelves or seats with high backs. Dusted off and taken home, these will be stunning focal points.

Outside buildings contain other items, including a large roomful of brightly painted cabinets, waster paper baskets, trays, chairs and other things. The painting on some of the items is detailed and very attractive. Worth a look. Outside along the edge of one building are dozens of tables, cabinets and doors that may be outside because they are being weathered at the moment. Nevertheless, the intricate carving on some pieces is really beautiful. You may also find workmen out cleaning and re-finishing some items before they are exported abroad. The process is fascinating and you can watch for a long time without getting bored. The Haveli is largely export oriented and has a large area in one building devoted to packing for shipping.

At the front of the Haveli is a lawn scattered with unusual items such as an old sprung carriage falling to bits, stone carvings, wrought iron tables, chairs and swings and much more. Gardeners keep the area alight with bright flowers and it is a relief to stroll out on the lawn after a couple of hours in the dusty warehouse rooms. In any case, some of the most interesting bits are leaning up against sides of buildings and on patio areas outside, so give yourself time to look around there too. You might also want to wait until the weather is just a bit cooler and less humid, as there is no air conditioning in any of the buildings, and it can be sweaty work looking through everything.

The prices seem reasonable, especially in comparison with the prices in Delhi. Again, it is always buyer beware, so if you like something, and are willing to pay the agreed price, go for it. If you are interested in going out, get in touch with Rhonda Williams on 9810194512 for details.

Rhonda Williams

23rd to 30th September

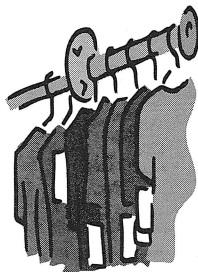
SALE

SUMMER 2000

SALE

UP TO 50% DISCOUNT

INDIAN SUMMER invites you to a special sale of high fashion garments, children's wear and home furnishings.

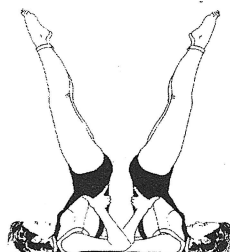


Do stop by and take home some bargains:

Venue: Indian Summer
G 88 Community Centre
Sheik Sarai Phase 1
New Delhi 110017

Timings : 10.30 am - 6 pm
(Sunday closed)

YOGA INSTRUCTOR & PERSONAL TRAINER



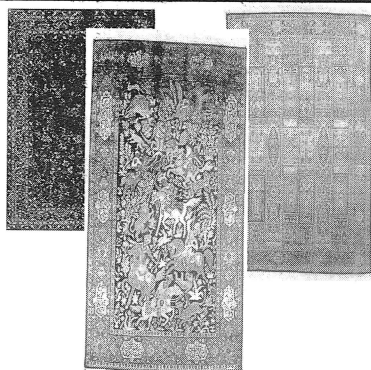
Yogesh Kumar

Tel 623-3996

Pager 9632-122692

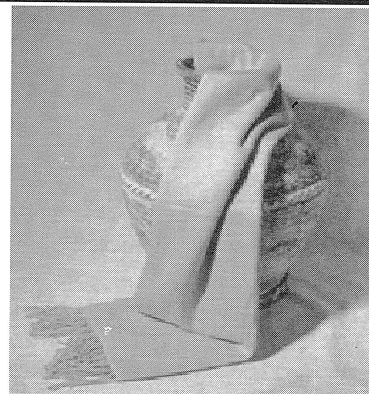
Internet : [Http://www.yogeshyoga.com](http://www.yogeshyoga.com)

**Yoga teacher
with over 15
years
experience
Non-religious
yoga classes
Individual or
group sessions**



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of Kashmir*

**Pashima
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&
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Woollen Shawls Specialists In Hand Embroideries*

III SAE III

SHAH ARTS EMPORIUM

MANUFACTURERS WHOLESALERS EXPORTERS

2-a Adhchini, Sri Aurobindo Marg, New Delhi 110017

Tel : 68615428, 6861429 Fax: 91-11-6852714

Siddharth Chambers
Adjacent Azad Apartments
Hauz Khas, New Delhi 16
Tel: 6853332/6858111
Fax: 91-11-6865666

U-66, The Shopping Arcade
Hotel Hyatt Regency
Bhikaji Cama Place,
New Delhi 66
Tel: 6791036/6791234 Ext: 1534

EXPORT ENQUIRIES SOLICITED

The American Women's Association has operated the Domestic Staff Registry (DSR) out of the American Women's Association office for over thirty years in Delhi. Our main objective is to serve the entire expatriate community in Delhi to find suitable domestic staff. The office is located on Panchsheel Marg one gate down from ACSA.

On Wednesday and Friday mornings from 9:00 a.m until noon, for a fee of Rs. 50, expatriates may interview potential staff; Thursdays are set aside for registering new staff. The DSR always appreciates when you can bring in your staff for registration. However, if you cannot accompany them, please be aware of the following criteria:

Registrant must provide:

- (a) Original letter of reference, preferably typewritten on company letterhead, from their most recent expatriate employer*
- (ख) 3 recent passport-size photographs
- (ग) (c) At least one form of valid identification such as voting card, ration card, driver's license or passport

***Reference letters should include:**

- Current date
- Contact number and/or email address where you might be contacted later
- Worker's full name (refer to ID card) and DSR file number, if already registered
- Dates of service (**must be at least 12 months for new registrants**)
- Duties and performance
- Why you are dismissing the worker, i.e. leaving India or some problem
- Details of salary and other benefits such as clothing allowance, bonus, quarters, etc.
- Your recommendation as to what the worker might be best suited for, i.e. was you family or home particularly large; the worker's personal abilities to get along with other staff or communicate effectively, etc.

Staff cannot be registered if the letter cannot be verified by one of our volunteers. If you are leaving Delhi in a hurry, please provide an email or some source of contact if you want your staff registered.

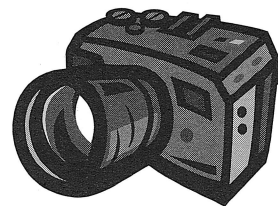
If you have had a bad experience with a staff member and do not think he/she should be given the privilege of registering with this service, please do not provide them with a glowing recommendation to make you feel better. In order to provide the best pool of staff available for future expatriates, we strive to only register deserving individuals. *If you have employed an already registered worker and had a bad experience, please let us know. Letters will be held in strict confidence.*

Visitors to the AWA Office must show their passport for entrance.

If you have any questions, please do not hesitate to call the AWA Office (419-8000, Ext. 4131). We need your assistance to make the DSR a better service; as the expatriate community grows in Delhi, so do the number of registrants. *If you would like to volunteer your time to help at the DSR, please feel to come by any time, or plan to attend one of our volunteer meetings that take place every other Thursday at 12:30 p.m. at the office.*

Photography Tips

Film Speed



You are planning a holiday and you want to take some astonishing pictures to show **y o u r** friends and family and of course make everybody green with envy. Where do you start let's presume you have a camera. O.K. let's go to buy some film. But there is a mystery about film numbers the dealer wants to know which **speed of film** you want! How should you know? Anyway, does it matter? Yes, yes and again yes. Let us take a clear view of this subject first with very a simple explanation. (I do not want to go to the roots and use complicated descriptions, so everything is simplified for ease of understanding)

Different films have different sensitivities to light. So, how do you find out all this stuff? The answer is simple: film speed was measured and accordingly rated by the International Standards Organization (originally established by the American Standards Association ASO, which later became ISO).

Some films are very sensitive - they are called **fast films**. These films need less light to record an image. So, in low light conditions you want to use a fast film. A few years ago the fast films had the disadvantage to produce grainy images. Nowadays the result is more pleasing. You can call an ISO 400; ISO 800; ISO 1600 and so on, fast films. The higher the number the faster it reacts to the light.

The opposite is the slow film, which requires more light to make a good photograph use it in bright light conditions. Slow films are rated ISO 25; ISO 50; ISO 100; ISO 160 I would describe slow speed up to ISO 200. (for extreme slow films and lower light conditions you should use a tripod to avoid camera shake!)

What does this mean to you? When you shoot, you want to be sure that your light meter is "set" for the sensitivity of your film. You probably have light meter built into your camera. Almost all cameras today automatically read the film speed from the film cassette.

But if you use an older camera, or a separate light meter, you have to set your film speed manually! If you forgot it, because it happens, do not panic! Shoot your whole roll on the same, "wrong" speed, mark it on your film canister and tell your photo shop, so they can adjust the right timing during the development process (within reason: you cannot successfully process an ISO 25 film if it has been shot at 1600).

Which f i l m what for?

First you should decide: do I want prints for an album, or do I prefer slides?

In the case of prints, you want to shoot negative film the names surely sound familiar, like Kodacolor, Kodak Royal Gold, Fujicolor, Agfacolor... The variety is endless.

The other types are the color reversal films, which produce color slides. When you see the names ending with something "*chrome*", you can be sure that you are facing a reversal film (ex. Kodachrome, Fujichrome, Ektachrome, Agfachrome)

Amateur photographers usually obtain good results with an ISO 200 or 400 film for general purposes: landscapes, buildings, etc.

-Fujicolor Superia 400 is an excellent film for taking the above pictures.

For fast actions (sport events, flying birds, etc...) use one of the ISO 800 film.

-The improved Kodak Max 800 is quite popular.

For portraits I would recommend a slower, ISO 100, 160, or 200 film. They can record a more pleasing skin tone.

*One of my favorite is:

-Kodak Portra 160NC Prof. (this ISO 160 rated film features extremely accurate skin tones, excellent tonality)

-Kodak Gold 200 has great color and very fine grain
use for flash photography, portraits and scenic pictures.

Do not think that you have to have a perfect blue sky to take a good photograph. With the use of print films some clouds are always an added plus, especially if you use a polarizer filter to darken the sky and "pop" the clouds. One more very important tip: if you use a camera that is not a simple "Point-and-Shoot" and has the possibility to fix a filter in front of the lens, ALWAYS keep one on preferably a skylight 1A, or UV (Ultra-Violet). They are cheap to replace and protect the very expensive and sensitive lens glass from dust and scratches.

The above mentioned perfect blue sky can be recorded beautifully - on slide film!

-Try the all-purpose Fujichrome Sensia II 400.

Only serious photographers use extreme speed films, like ISO 25, 50, or ISO 3200... To use this special ones with success, you do need to know a bit more about photography.

For a family album you are perfectly safe with the medium range films.

Slowly we are heading out of the monsoon season that means that the weather and light conditions will improve dramatically in Delhi. If you would like to take pictures, try to shoot in the early morning and/or in the late afternoon and use the wonderful tones what our always-changeable Sun offers.

The choice is yours happy shooting!

Judit Stowe is an award winning fine art photographer who's pictures were and are exhibited in different venues in the United States. She is a newcomer in Delhi (arrived in July) and happy to give some useful tips time to time on the pages of the monthly newsletter.

ATTITUDE

The longer I live, the more I realise the
impact of attitude on life.

Attitude, to me, is more important than facts.

It is more important than the past,
than education, than money, than
circumstances, than failures, than success,
than what other people think or say or do.

It is more important than appearance,
giftedness or skill.

It will make or break a company,
a church, a home.

The remarkable thing is we have a choice
everyday regarding the attitude we will
embrace for that day.

We cannot change our past...
we cannot change the fact that people will
act in a certain way.

We cannot change the inevitable.
The only thing we can do is play on the one
string we have, and that is our attitude...

I am convinced that life is 10% what
happens to me and 90% how I react to it.
And so it is with you...

FRUIT CAKE

*8oz plain flour
2 teaspoons baking powder
2 teaspoons mixed spice
4oz sugar*

*12oz mixed dried fruit
4oz softened butter
2 beaten eggs
Quarter Pint Milk*

Method.

Melt butter in pan Mix all dried ingredients together Beat eggs and milk together
With melted butter combine all ingredients
Bake in greased cake tin for approximately one and half hours at 190 degrees or gas mark 4.
Stand to cool for fifteen minutes then remove from cake tin.

Brenda Beards



CHICKEN LIVER PATE

INGREDIENTS:

| | | | |
|--------------|----------------|-------|---------------|
| 50g | Butter | 3 | Cloves garlic |
| 400g | Chicken Livers | 1 | Onion |
| 50g | Bacon | 130ml | Cream |
| Pepper, Salt | | | |

Fry the chopped onion in butter until golden brown, add crushed garlic and fry for one minute. Add chopped bacon, fry for 2 minutes, then the chopped livers and cook gently for a further 8 minutes on a low light.

Leave until cool, add salt and pepper and place ingredients in a liquidiser. Mix until smooth, pour in cream, mix again and lastly add the lime juice. Put the pate in a dish and cover with melted butter.

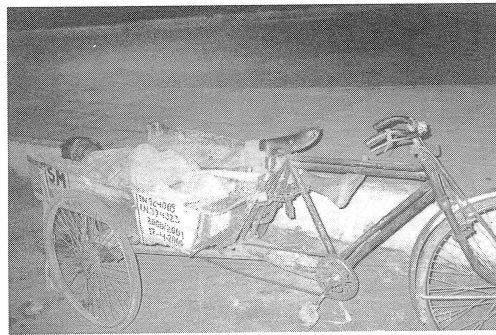
Serve with hot toast. (*Can freeze for 1 month*)

Jeannine Grant

Understanding Pavement Dwellers Who Are They?

The pavement dwellers living in Delhi are predominantly single males between 15 and 29 years old. Less than 20% of the pavement dwellers are women mainly because they are at risk from abuse whilst living on the street. However, it is believed approximately 34,000 of the estimated 150,000 homeless are children.

Many of the pavement dwellers are migrants from the neighbouring states of Uttar Pradesh and Bihar. Most of them come to Delhi to seek employment although some of them have left their villages because of family arguments or ill treatment by family members. Those who are not migrants have been abandoned or born on the streets or are slum dwellers whose homes have been cleared for visiting dignitaries, beautification programmes or road widening schemes.



Although largely uneducated and unskilled, over 90% of the pavement dwellers are employed. The main occupations for men include cooks and waiters, handcart pullers, cycle rickshaw drivers, porters and construction workers. Women are more likely to be involved in the service industry and children in rag-picking work.

Although they have work, there is little job security. They have to go daily to the labour market and there can be times when they do not get any work. For self-employed cycle rickshaw

drivers there is no guarantee that they will get enough trips to cover the cost of the rickshaw hire. Those who are unable to find casual work become professional blood donors or resort to selling their organs to get by. Those with disabilities or who are mentally ill are forced to beg for a living.

The average earnings of a homeless person is estimated to be between about Rs 1000 to 2000 a month although this is much lower for women and children, and those involved in ragpicking and begging. A large majority of the homeless save money and send it back to their families who have stayed in the village. The pavement dwellers cut their housing expenses by living on the street.

(Source: ORSTOM Report, 1998)

If you would like more information about this project, please contact Trudy Brasell-Jones on 6326175.

Aashray Adhikar Abhiyan

It is estimated that over 150,000 people sleep on the street of Delhi. These pavement dwellers represent one of the most vulnerable groups in the city. They are often deprived of civic amenities such as water, electricity and sanitation; denied access to medical treatment; and face daily harassment from police and local gangs. The issue of pavement dwellers has generally been overlooked by the Government and NGOs who tend to focus on slum and squatter settlement dwellers.

Aashray Adhikar Abhiyan (Shelter Rights for the homeless in Delhi) is a citizen's initiative to address the problems of the shelterless in Delhi. AAA is funded by Action Aid India and supported by the Planning Commission of India, Delhi Government and MCD and some of the voluntary organisations in Delhi. The aim of the project is to empower and mobilise the shelterless to enable them to assert their right to shelter and access to basic amenities.

Many of the problems facing the shelterless arise from misconceptions about their way of life and the reasons for their predicament. Above is Part 1 of a series on the pavement dwellers in Delhi.

SERVICES

ANIMAL SHELTER/VETERINARY HOSPITAL

Jeevashram provides programs to control stray animals, a hospital, operating theatre, mobile dispensary, private boarding. Contact **Angela Garnett** for more information on 556-3696 or 556-4114

CHICKEN

MESH - Maximizing Employment to Serve the Handicapped is an organisation responsible for marketing products made by disabled people in India. MESH can deliver fresh chickens to your home. Especially good for roasting, the chickens are raised in animal friendly conditions to International standards. For more details, or to place an order call 696-5039 or 656-8048

DOMESTIC STAFF REGISTRY

Located in the American Embassy compound, Gate D. It is a source in New Delhi to help find household staff, which has experience in foreign households; open to those holding a foreign passport. You can come by:

- for interviews : Wednesday and Friday 9.30 to 12.00 noon (last interview at 11.45 am)
- for registration : Thursday 9.30 to 12.00 noon (last documents accepted at 10.30 am).

Call for further details or with questions on 419-8000, ext. 413. Need help writing a reference letter come see us too. We're also looking for expat volunteers to staff the Registry who have had experience with staff themselves and can give good advice.

FOOD AND DRINK

Kingsbarn is a leading name in the UK for exports of top quality goods and services to embassies and expatriates. For further details, contact Kingsbarn at 649-7025.

HERBALIFE

Good health through intelligent nutrition. Herbalife has combined the best of nature and science to create exclusive products to enhance your nutritional fitness, vitality and well-being. Lose or gain weight safely, or just increase your vitality. Phone **Sue Lohage** on 6223344 ext 411 or 98 101 67417

JEWELLERY

Risham Chawla makes unique jewellery either to your design or hers with semiprecious stones, glass, ceramic and silver beads and finished with good quality fittings. Call Risham for details at 649-7025.

MASSEUSE

Laxmi has been massaging diplomats and expatriate couples in their homes for some years. Call 647-0609.

PET CLINIC

5:00-7:00 pm, 2nd Sunday of every month. Local veterinarians are available for check-ups and vaccinations at the Domestic Help Registry at the American Embassy Compound, Gate D. Open to all expats in Delhi. Contact **Karen Wald** at 419-8331 (O) and 614-3719 (H) and **Judy Nay** on 461-1911. Some pet items are available.

VETERINARY SERVICES

Dr Jaseet Josan

24hr Emergency Service

Phone 016355553/916367812

Mobile 9811170812

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